



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

2026 OUTDOOR SOCCER LEAGUE

JUNE 1 TO AUGUST 1

Overview

The YMCA's Outdoor Soccer program introduces children ages 3 to 12 to the fundamentals of soccer. Outdoor Soccer will be played (practices and games) at the YMCA Pavilion Fields. Outdoor Soccer is a fast paced game that teaches players great ball control and footwork.

Divisions

Age 3 - 4 Age 5 - 6 Age 6 - 7 Age 7- 9 Age 9 - 12

Practices

- ♦ Practices will begin the week of June 1 at the Valpo YMCA Pavilion.
- ♦ Your child will practice only once per week, on either Monday, Tuesday, Wednesday, Thursday or Friday.
- ♦ Shin guards and cleats are recommended.
- ♦ The YMCA Pavilion is equipped with restrooms.

Games

- ♦ Games will be played on Saturday mornings beginning as early as 8:00am.
- ♦ Games will be held at the Valparaiso Family YMCA on 6/20, 6/27, 7/11, 7/18, 7/25, & 8/1

Pictures

- ♦ Pictures are TBD.

Coaches

Like almost all youth sports organizations, the YMCA depends on volunteer coaches to lead our teams. We believe strongly in the impact a volunteer can have on a child and encourage all parents who are able, to volunteer.

For information on the responsibilities of a volunteer coach, please contact the Sports Director, Kevin Freyenberger, by email kfreyenberger@valpoyymca.org or by phone 219-462-4185 extension 239.

Volunteer Coach Meeting

Tuesday, May 26, at 5:30pm at the Valpo YMCA Pavilion

VALPARAISO FAMILY YMCA

1201 Cumberland Crossing Drive, Valparaiso Indiana 46383

P 219 462 4185 F 219 477 4720 www.valpoyymca.org



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Outdoor Soccer Division Overview

Age 3 – 4 5 – 6 year olds

- Ball size: Size 3Size 3
- Goal size: 3' x 5'4' x 6'
- Players on the field: 5 or 6 (no goalie).....5 or 6 (1 is goalie-no hands)
- Defense: 2 kids (no goalie)2 kids ("1 goalie" + 1 defense)
- Out of bounds: Kick ball in.....Kick ball in
- Practice: 30 minutes.....30 minutes
- Games-Four 6 minute periods

Age 6-7

- Ball size: 4
- Goals: 5' x 10'
- Players on the field: 6 (one will be the goalie)
- Out of bounds: Throw-in from sideline; goal kick or corner kick from endline
- Practice: 45 minutes
- Games: Four 7 minute periods

Age 7—9 & 9—12

- Ball size: 4
- Goals: 5' x 10'
- Players on the field: 6 (one will be the goalie)
- Out of bounds: Throw-in from sideline; goal kick or corner kick from endline
- Practice: 45 or 60 minutes
- Games: Four 8 minute periods

VALPARAISO FAMILY YMCA

1201 Cumberland Crossing Drive, Valparaiso Indiana 46383

P 219 462 4185 F 219 477 4720 www.valpoyymca.org